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WINTER 2019



*The Writer's Way* is writing to reclaim voice and words and the power they have to change our lives.

*The Writer's Way* is a path found through writing stories, poetry, journals and essays. All that is required is the willingness to listen deeply and give words to what comes, and the curiosity to see what comes next.

*Melinda Burns, M.A., is a writer and psychotherapist in Guelph, Ontario, and a SoulCollage® Facilitator. Her stories have won first prize in the Toronto Star Short Story contest in 2001 and the Elora Writers' Festival writing competition in 2008, and her poems, fiction and essays have appeared widely, including on CBC radio and in The New Quarterly. Her passion for writing flows into her work, inspiring and encouraging the creative spirit in each person.*

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## *Fiction Workshop*

Stories are a magical combination of imagination, memory, and observation that show us the variety of what it means to be human. This 7-session workshop (six group meetings and one individual mentoring session) will meet *every other week* for writing exercises and discussion of works in progress.

**Thursdays, 7:00 p.m. – 9:30 p.m.**  
**March 21 – May 30, 2019**  
**7 sessions / \$350 +HST**

## *Writing & Mindfulness*

Writing and mindfulness are practices that bring courage and clarity to our lives. Come for writing exercises and guided meditation to help us slow down and listen deeply to our unfolding lives.

**Saturday, January 26, 2019**  
**9:30 a.m. – 12:30 p.m.**  
**\$60 +HST**

*...and coming in June, the third annual...*

## *Summer Writing Retreat at Eramosa Eden!*

**Friday, June 21 – Sunday, June 23, 2019**  
**\$350 +HST**

**For information contact:**  
**[mbeburns@sympatico.ca](mailto:mbeburns@sympatico.ca)**  
**[www.melindaburns.ca](http://www.melindaburns.ca)**

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## *Becoming an Elder: A SoulCollage® Workshop*

In this workshop we will call on the Wise Self / Wild Self archetype through writing and collage to help us gather and focus our gifts for growing into the elder we want to become.

**Saturday, February 23, 2019**  
**~or~ Saturday, April 13, 2019**  
**9:30 a.m. – 4:30 p.m.**  
**\$150 +HST**



## *Mentoring Program*

Writing on your own can be the hardest thing—to recognize what's good in your work, to know how to change what isn't working, to keep going to completion. This one-to-one program is for people engaged in writing fiction, memoir, or poetry who would like help with focusing, editing, and completion.

**4 monthly meetings**  
**January – April, 2019**  
**4 sessions / \$350 +HST**  
**(single sessions/ \$90+HST)**

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WINTER 2019

# The Writer's Way



- groups
- workshops
- retreats
- mentoring

*Let yourself be drawn  
by the pull of what you  
really love.  
--Rumi*



*For information and  
registration, please  
call:  
(519) 763-9160  
mbeburns@sympatico.ca  
www.melindaburns.ca*

*Gift certificates available  
for all classes and  
workshops and the  
Mentoring Program*



*"The mere act of writing  
anything is a help. It seems to  
speed one on one's way."*

*--Katherine Mansfield*

*with Melinda Burns, MA*

