
WINTER 2018



The Writer's Way is writing to reclaim voice and words and the power they have to change our lives.

The Writer's Way is a path found through writing stories, poetry, journals and essays. All that is required is the willingness to listen deeply and give words to what comes, and the curiosity to see what comes next.

Melinda Burns, M.A., is a writer and psychotherapist in Guelph, Ontario. She has been leading groups in writing and creative process for over 20 years. Her stories have won first prize in the Toronto Star Short Story contest in 2001 and the Elora Writers' Festival writing competition in 2008, and her poems, fiction and essays have appeared widely in print, and on CBC radio. Her passion for writing flows into her work, inspiring and encouraging the creative spirit in each person.

Fiction Workshop

Stories arise from our imagination, experience, and observation, deepening over time to become what they most mean to be. This 7-session workshop (six group meetings and one individual mentoring session) will meet *every other week* for writing exercises, discussion of works in progress and related material on the art of the short story.

Thursdays, 7:00 p.m. – 9:30 p.m.
March 15 – May 24, 2018
7 sessions / \$325 +HST

Writing & Mindfulness

Writing and mindfulness are practices that bring courage and clarity to our lives. Come for writing exercises and guided meditation to help us to slow down and listen deeply, to pay attention.

Saturday, February 10, 2018
9:30 a.m. – 12:30 p.m.
\$50 +HST

Saturday, March 3, 2018
12:00 noon – 1:30 p.m.
Free (U. of G. Writers Workshop)

For information contact:
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Poetry & Mindfulness

Poetry is the natural language of the heart. When we attend, beautifully and intensely to each moment, poetry happens. Come for a morning of writing exercises and inspiration to invite the poet forward.

Saturday, February 24, 2018
9:30 a.m. – 12:30 p.m.
\$50 +HST



Mentoring Program

Writing on your own can be the hardest thing—to recognize what's good in your work, to know how to change what isn't working, to keep going to completion. This one-to-one program is for people engaged in writing fiction, memoir, or poetry who would like help with focusing, editing, and completion.

4 monthly meetings
January – April, 2018
4 sessions / \$325 +HST
(single sessions/ \$85+HST)