
SPRING 2020

The Writer's Way



The Writer's Way is writing to reclaim voice and words and the power they have to change our lives.

The Writer's Way is a path found through writing stories, poetry, journals and essays. All that is required is the willingness to listen deeply and give words to what comes, and the curiosity to see what comes next.

Melinda Burns, M.A., is a writer and psychotherapist in Guelph, Ontario, and a SoulCollage® facilitator. She has been leading groups in writing and creative process for over 20 years. Her stories have won first prize in the Toronto Star Short Story contest in 2001 and the Elora Writers' Festival writing competition in 2008, and her poems, fiction and essays have appeared widely in print. Her passion for writing flows into her work, inspiring and encouraging the creative spirit in each person.

Deep Play : Writing & SoulCollage®

Deep play combines focus and delight, conscious intention opening to the surprise of the unexpected. It underlies story writing, collage, and poetry, bringing a sense of timelessness as we move toward discovering something new and meaningful. Deep play heightens creativity, refreshes the spirit, and nourishes the soul.

In these three workshops taking place at *Eramosa-Eden Retreat Centre in Eden Mills* we will use writing and SoulCollage® to explore the influential power of three universal Archetypes: **the Child, the Madwoman, and the Artist/Creative.**

I-Enchanting the Child

The Child provides the juice for our most creative endeavours, and a sense of wonder at the everyday magic of life. Through writing and SoulCollage®, we will invite the energy of the child to enhance and renew our perspective.

Saturday, April 18, 2020
9:30 a.m. – 5:30 p.m.
\$150 +HST

II- Meeting the Madwoman

The Madwoman is the realm of the dishonoured feminine who lives in our imagination as the Bag Lady, the Recluse, the Visionary. Writing exercises and collage will help us to reinstate her powerful energy to deepen and enrich our lives.

Saturday, May 23, 2020
9:30 a.m. – 5:30 p.m.
\$150 +HST

III-Enticing the Artist/Creative

The Artist/Creative draws from the Child and the Madwoman to create new forms through art, writing, and the challenge of daily living. In this day of writing and SoulCollage® we will invite her wide and generous spirit to inspire our dreams.

Saturday, June 20, 2020
9:30 a.m. – 5:30 p.m.
\$150 +HST

All 3 workshops/ \$425 +HST

For information contact:
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Mentoring Program

Writing on our own can be the hardest thing—to recognize what's good in our work, to know how to change what isn't working, to keep going to completion. This one-on-one program is for people engaged in writing fiction, memoir, or poetry who would like help with focusing, editing, and completion.

4 monthly meetings

March to June, 2020

4 sessions / \$375 +HST

(single sessions/ \$100+HST)



Over the years I have enrolled in several workshops led by Melinda. I keep coming back because she is able to cultivate the talents in both experienced and beginning writers. In one-on-one mentoring sessions, Melinda has an innate talent for fostering creativity and confidence. She helped me fine-tune a narrative and take it in a new direction that led to it being short-listed for the 2018 CBC Creative Non-Fiction Prize.

--Anastasia McEwen

*For information and
registration, contact
mbeburns@sympatico.ca
www.melindaburns.ca*



- groups
- workshops
- retreats
- mentoring

*"The mere act of writing
anything is a help. It seems to
speed one on one's way."*

--Katherine Mansfield

with Melinda Burns, MA

