
SPRING / SUMMER 2018



The Writer's Way is writing to reclaim voice and words and the power they have to change our lives.

The Writer's Way is a path found through writing stories, poetry, journals and essays. All that is required is the willingness to listen deeply and give words to what comes, and the curiosity to see what comes next.

Melinda Burns, M.A., is a writer and psychotherapist in Guelph, Ontario. She has been leading groups in writing and creative process for over 20 years. Her stories have won first prize in the Toronto Star Short Story contest in 2001 and the Elora Writers' Festival writing competition in 2008, and her poems, fiction and essays have appeared widely in print, and on CBC radio. Her passion for writing flows into her work, inspiring and encouraging the creative spirit in each person.

Fiction Workshop

Stories arise from our imagination, experience, and observation, deepening over time to become what they most mean to be. This 7-session workshop (six group meetings and one individual mentoring session) will meet *every other week* for writing exercises, discussion of works in progress and related material on the art of the short story.

Thursdays, 7:00 p.m. – 9:30 p.m.
March 15 – May 24, 2018
7 sessions / \$325 +HST

Poetry & Mindfulness

Poetry is the natural language of the heart. When we attend, beautifully and intensely to each moment, poetry happens. Come for an evening of writing exercises and inspiration to invite the poet forward.

Tuesday, April 24, 2018
7:00 p.m. – 8:30 p.m.
FREE, Guelph Public Library

For information contact:
mbeburns@sympatico.ca
www.melindaburns.ca

Writing & Mindfulness Summer Retreat

*Eramosa Eden Centre
Eden Mills, Ontario*

“...it is natural for the soul to pause, to listen to wonder. Only the soul in us has the time to listen deeply.”

--Roger Housden

Time to listen deeply is what every writer needs. A weekend retreat is an opportunity to pause mindfully and nourish our writer's soul with guided meditation, writing exercises, vegetarian meals, solitude, and the company of other writers.

Eramosa Eden Retreat Centre is located on 11 acres of woods bordering the Eramosa River in Eden Mills with places to walk, write, or sit and enjoy the beauty. There is room for a few people to stay over, or it's a short distance from Guelph for those who prefer to commute.

Friday, June 22 – Sunday, June 24
\$325 +HST / tuition and meals
(\$375 +HST for staying over)



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Mentoring Program

Writing on our own can be the hardest thing—to recognize what's good in our work, to know how to change what isn't working, to keep going to completion. This one-on-one program is for people engaged in writing fiction, memoir, or poetry who would like help with focusing, editing, and completion.

4 monthly meetings

March to June, 2018

4 sessions / \$325 +HST

(single sessions/ \$85+HST)



*Gift certificates available
for all workshops, the retreat,
and the Mentoring Program.*

*For information and
registration, please
call:*

(519) 763-9160

mbeburns@sympatico.ca

www.melindaburns.ca



- groups
- workshops
- retreats
- mentoring

*"The mere act of writing
anything is a help. It seems to
speed one on one's way."*

--Katherine Mansfield

with Melinda Burns, MA