
FALL 2019

The Writer's Way



The Writer's Way is writing to reclaim voice and words and the power they have to change our lives.

The Writer's Way is a path found through writing stories, poetry, journals and essays. All that is required is the willingness to listen deeply and give words to what comes, and the curiosity to see what comes next.

Melinda Burns, M.A., is a writer and psychotherapist in Guelph, Ontario, and a SoulCollage® facilitator. She has been leading groups in writing and creative process for over 20 years. Her stories have won first prize in the Toronto Star Short Story contest in 2001 and the Elora Writers' Festival writing competition in 2008, and her poems, fiction and essays have appeared widely in print. Her passion for writing flows into her work, inspiring and encouraging the creative spirit in each person.

Deep Play : Writing & SoulCollage®

Deep play happens when focus meets delight, when conscious intention opens to the surprise of the unexpected. It underlies story writing, collage and poetry, bringing a sense of timelessness as we move toward discovering something new and meaningful. Deep play heightens creativity, refreshes the spirit and nourishes the soul.

In these three workshops taking place at *Eramosa-Eden Retreat Centre in Eden Mills* we will use writing and SoulCollage® to explore the influential power and gifts of three universal Archetypes, collections of energy common to all people: the Elder, the Shadow, and the Wild Self.

I-Becoming an Elder

Challenging times call for wise and grounded elders who have worked to heal their own wounds and can pass on their knowledge and experience. Through writing and SoulCollage® we will call on the Elder in us to bring wisdom and depth for ourselves and the larger world.

*Saturday, September 21, 2019
9:30 a.m. – 5:30 p.m.
\$125 +HST*

II- Romancing the Shadow

The Shadow contains all the unclaimed parts of ourselves, positive and negative. Writing exercises and collage will help us to claim all of who we are and learn to connect with the treasures the Shadow holds to give depth and vibrancy to our lives.

*Saturday, October 19, 2019
9:30 a.m. – 5:30 p.m.
\$125 +HST*

III- Tracking the Wild Self

The Wild Self is the one who knows us well and leads us to risk venturing further than we thought we could go. In this day of writing and collage we will connect to this source of wise knowing and wild imaginings.

*Saturday, November 23, 2019
9:30 a.m. – 5:30 p.m.
\$125 +HST*

All 3 workshops/ \$350 +HST

*For information contact:
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Mentoring Program

Writing on our own can be the hardest thing—to recognize what's good in our work, to know how to change what isn't working, to keep going to completion. This one-on-one program is for people engaged in writing fiction, memoir, or poetry who would like help with focusing, editing, and completion.

4 monthly meetings

September to December, 2019

4 sessions / \$375 +HST

(single sessions/ \$100+HST)



Over the years I have enrolled in several workshops led by Melinda. I keep coming back because she is able to cultivate the talents in both experienced and beginning writers. In one-on-one mentoring sessions, Melinda has an innate talent for fostering creativity and confidence. She helped me fine-tune a narrative and take it in a new direction that led to it being short-listed for the 2018 CBC Creative Non-Fiction Prize.

--Anastasia McEwen

*For information and
registration, contact
mbeburns@sympatico.ca
www.melindaburns.ca*



- groups
- workshops
- retreats
- mentoring

*"The mere act of writing
anything is a help. It seems to
speed one on one's way."*

--Katherine Mansfield

with Melinda Burns, MA

