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FALL 2018



*The Writer's Way* is writing to reclaim voice and words and the power they have to change our lives.

*The Writer's Way* is a path found through writing stories, poetry, journals and essays. All that is required is the willingness to listen deeply and give words to what comes, and the curiosity to see what comes next.

*Melinda Burns, M.A., is a writer and psychotherapist in Guelph, Ontario, and a SoulCollage® Facilitator. She has been leading groups in writing and creative process for over 30 years. Her stories have won first prize in the Toronto Star Short Story contest in 2001 and the Elora Writers' Festival writing competition in 2008, and her poems, fiction and essays have appeared widely in print. Her passion for writing flows into her work, inspiring and encouraging the creative spirit in each person.*

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## *Fiction and Other Truths*

Fiction combines the truth of memory and experience with the emotional truth of imagination to create something new and real. This 7-session group (six group meetings and one individual mentoring session) will meet *every other week* for writing exercises and discussion, with examples, of the art of short fiction.

*Thursdays, 7:00 p.m. – 9:30 p.m.  
September 27 – December 6, 2018  
7 sessions / \$325 +HST*

## *Writing & Mindfulness*

Writing and mindfulness are practices that bring courage and clarity to our daily lives. Come for a morning of writing exercises and guided meditation to see where we are now and what our lives are wanting us to know.

*Saturday, September 22, 2018  
9:30 a.m. – 12:30 p.m.  
\$50 +HST ~or~  
Saturday, November 17, 2018  
9:30 a.m. – 12:30 p.m.  
\$50 +HST*

*For information contact:  
[mbeburns@sympatico.ca](mailto:mbeburns@sympatico.ca)  
[www.melindaburns.ca](http://www.melindaburns.ca)*

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## *Meeting Our Selves - A Soul Collage workshop*

We are complex creatures made up of many parts. SoulCollage® is a process of making small collage cards to represent and honour these parts of ourselves and appreciate their gifts. Come and meet your Free Child, Inner Witness, Wild Self and others.

*Saturday, October 27, 2018  
9:30 a.m. – 4:30 p.m.  
\$125 +HST*



## *Mentoring Program*

Writing all on our own can be the hardest thing—to recognize what's good in our work, to know how to change what isn't working, to keep going to completion. This one-to-one program is for people engaged in writing fiction, memoir, or poetry who would like help with focusing, editing, and completion.

*4 monthly meetings  
September – December, 2018  
4 sessions / \$325 +HST  
(single sessions/ \$85 +HST)*

# The Writer's Way



- groups
- workshops
- retreats
- mentoring

"The mere act of writing anything is a help. It seems to speed one on one's way."

--Katherine Mansfield

with *Melinda Burns, MA*

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*To pay attention is  
our endless and  
proper work.*

--Mary Oliver



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*For information and  
registration, please  
contact:*

*mbeburns@sympatico.ca  
www.melindaburns.ca*

*Gift certificates available  
for all classes and workshops  
and Mentoring Program*



