

---

---

FALL 2017



*The Writer's Way* is writing to reclaim voice and words and the power they have to change our lives.

*The Writer's Way* is a path found through writing stories, poetry, journals and essays. All that is required is the willingness to listen deeply and give words to what comes, and the curiosity to see what comes next.

*Melinda Burns, M.A., is a writer and psychotherapist in Guelph, Ontario. She has been leading groups in writing and creative process for over 20 years. Her stories have won first prize in the Toronto Star Short Story contest in 2001 and the Elora Writers' Festival writing competition in 2008, and her poems, fiction and essays have appeared widely in print, and on CBC radio. Her passion for writing flows into her work, inspiring and encouraging the creative spirit in each person.*

---

---

## *The Writer & the Story*

A story, whether fiction or non-fiction, reflects the writer it comes from. In this 7-session workshop (six group meetings and one individual mentoring session) we will meet every other week with writing exercises and discussion of works in progress, to help the writer find the story and the story instruct the writer.

*Thursdays, 7:00 p.m. – 9:30 p.m.  
September 21 – November 30, 2017  
7 sessions / \$325 +HST*

---

---

## *Writing & Mindfulness*

Writing and mindfulness are practices that bring courage and clarity to our lives. Come for a morning of writing exercises and guided meditation to find words for where we are now and envision where we want to go from here.

*Saturday, October 28, 2017  
9:30 a.m. – 12:30 p.m.  
\$50 +HST*

*For information contact:  
[mbeburns@sympatico.ca](mailto:mbeburns@sympatico.ca)  
[www.melindaburns.ca](http://www.melindaburns.ca)*

---

---

## *Poetry from the Heart*

Poetry is the natural language of the heart, the voice that speaks of our longings and sorrows and deepest wishes. Come for a morning in the company of poetry from Mary Oliver, Marie Howe, Billy Collins, and others, inspiring our own expressions of love and life.

*Saturday, November 25, 2017  
9:30 a.m. – 12:30 p.m.  
\$50 +HST*



---

---

## *Mentoring Program*

Writing on your own can be the hardest thing—to recognize what's good in your work, to know how to change what isn't working, to keep going to completion. This one-on-one program is for people engaged in writing fiction, memoir or poetry who would like help with focusing, editing, and completion.

*Reading, notes, and in-person meeting  
\$75 +HST/hour*

---

---

FALL 2017

# The Writer's Way



- groups
- workshops
- retreats
- mentoring

*"The mere act of writing anything is a help. It seems to speed one on one's way."*

*--Katherine Mansfield*

*with Melinda Burns, MA*

---

---

*Let yourself be silently drawn by the pull of what you really love*  
*--Rumi*



---

---

**For information and registration, please call:**  
**(519) 763-9160**  
**[mbeburns@sympatico.ca](mailto:mbeburns@sympatico.ca)**  
**[www.melindaburns.ca](http://www.melindaburns.ca)**

*Gift certificates available for all classes and workshops and Mentoring Program*



